

A woman with glasses and a headwrap is sitting at a desk, writing in a notebook. She is wearing a light-colored cardigan. On the desk is a laptop, a notebook, and a pen. The background is a bright, minimalist room with a window and a small cactus on a shelf.

10

Powerful Prompts
TO BUILD
CONNECTION WITH
YOUR PARTNER,
GIRLFRIEND OR WIFE

GET TO KNOW YOURSELF
AND HER BETTER IN
ORDER TO STRENGTHEN
YOUR LOVE MAPS

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Your love map for your partner is essentially your awareness of the things that are important to her.

Being aware of what's going on with your partner is a component of connection and closeness.

To build a detailed love map, you need to have a genuine interest in her.

The next 10 pages offer prompts that can be both a good measure of your current level of connection, or conversation starters to help you build your love maps for each other.

You can also answer the questions for yourself -- sometimes our busy lives cause us to lose sight of our love map for ourselves.

**What do you find
exciting in life right
now?**

**How do you think we
could have more fun in
our life?**

**What do you need right
now in a friend?**

**What is one way you
would like to change?**

**What kind of year has
this been for you? What
is your proudest
moment this year?**


**If you could jump on a
plane tomorrow, where
would you go?**

**What would you do if
you won \$100,000?**

**What is one of the
nicest compliments
you've ever received?**

**What is something
small that really makes
your day?**

**Describe your perfect
sandwich**



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